

What's the impact of the pandemic on our daily food choices?

Help determine the impact of the COVID-19 pandemic on food choices of adults in Belgium and Croatia.

08-07-21



Dit is de omschrijving

What's the impact of the COVID-19 pandemic on determinants of food choices in adults? Researchers from the Institute of Tropical Medicine (ITM) in Antwerp want to find out, and they need your help! The study is in cooperation with the Centre for Applied Bioanthropology of the Institute of Anthropological Research in Zagreb and the Psychiatric Hospital in Ugljan, Croatia.

The aim of the study is to compare dietary habits before and during the pandemic. Filling in the anonymous questionnaire will take 15 minutes of your time and encourages you to think about the factors that influence your own food choices. Think for example of the price and smell of food, the amount of calories, your stress level and the environmental impact. This awareness can also be a first step towards a more healthy eating pattern.

The study is part of the international collaborative project "The impact of the COVID-19 pandemic on determinants of food choice in adults from Croatia and Belgium (CFC CRO-BE)". Your participation will help researchers better understand attitudes towards food before and during the pandemic.

Do you want to take part in this survey? You can do so via [this link](#).

Help us get as many respondents as possible by sharing the survey with your colleagues, friends and family.

For more information, contact [Dr. José Luis Peñalvo](#), head of the Non-communicable Diseases Unit.