PROJECT

MATCO: Global study of MATernal health provision during the COVID-19 pandemic

Study objective

To understand the effect of the COVID-19 pandemic on health care available to pregnant, labouring and postpartum women and their newborns, and to mitigate against the negative consequences by extracting and sharing solutions developed.

The ITM Sexual and Reproductive Health Group has been at the forefront of COVID-19 research as a lead of a large consortium of partner organisations on research aiming to understand the impact of COVID-19 on the provision of essential maternal and newborn care globally. The study has been ongoing since mid-March, and comprises three main sub-studies.

1. A global online survey of maternal and newborn health professionals, aiming to understand how health professionals and health facilities prepare and respond to COVID-19 in regard to the care provided to women and their babies during antenatal, intrapartum and postnatal care. This is a repeat cross-sectional study with an embedded longitudinal cohort. Round 1 was collected between March and June 2020, Round 2 between July and December 2020, and Round 3 between December 2020 and April 2021. For research outputs and findings, please see links to papers below.

2. A mixed-methods, longitudinal in-depth case study of preparedness and response to COVID-19 in seven large maternity/newborn hospital wards in four countries in sub-Saharan Africa (Guinea, Nigeria, Uganda, Tanzania). This study also serves as a platform for exchange of information and experiences across the contexts studied. We started this study in May 2020, relying on semi-structured interviews, visual data documentation, and routine health records analysis.

3. A qualitative study of postnatal care (PNC) in the French-speaking part of Belgium: implementation and adaptations in the aftermath of the COVID-19 pandemic. We are documenting the adaptations and the responses of the different health structures to the ongoing COVID-19 pandemic in regard to organization of PNC. We want to understand the changes in the care processes, before and after discharge from a health facility, applicable to every postpartum woman, and also specifically for parturient women suspected or confirmed positive for a COVID-19. By interviewing midwives, we aim to understand how the measures taken affected their day-to-day work, what challenges arose and how it affected both mothers’ health and their own.

Publications

• "We are not going to shut down, because we cannot postpone pregnancy": a mixed-methods study of the provision of maternal healthcare in six referral maternity wards in four sub-Saharan African countries during the COVID-19 pandemic

• A mixed-methods study of maternal health care utilisation in six referral hospitals in four sub-Saharan African countries before and during the COVID-19 pandemic

• Members of our Group (Lenka Benova and Elise Huysmans) completed a scoping review commissioned by the World Health Organization (WHO) Department of Maternal, Newborn, Child and Adolescent Health and Ageing to support countries in adapting their response to different COVID-19 scenarios. The objective was to identify interventions implemented to maintain the provision and use of essential services for MNCAH during disruptive events (Ebola, SARS, natural disasters, humanitarian emergencies, and COVID-19) and to summarize lessons learned during these interventions.

• We have analysed responses on the online survey Round 2 regarding ability of health workers to provide respectful maternity care during the COVID-19 pandemic. Read the full paper, published in journal Women and Birth: ‘The impact of COVID-19 on the provision of respectful maternity care: Findings from a global survey of health workers’.

• We have analysed responses on the online survey Round 2 regarding the use of telemedicine to provide maternal healthcare during the COVID-19 pandemic. Read the full paper, published in BMJ Global Health: ‘A double-edged sword - Telemedicine for maternal care during COVID-19: Findings from a global mixed methods study of healthcare providers’.

• Semaan A et al 2020: Voices from the frontline: findings from a thematic analysis of a rapid online global survey of maternal and newborn health professionals facing the COVID-19 pandemic in BMJ Global Health

• Our team, together with collaborators across the world, have published a Commentary in the Sexual and Reproductive Health Matters Journal calling for a global effort to document and share solutions and adaptations in sexual, reproductive, maternal and newborn health care provision during the COVID-19 pandemic. If you would like to contribute ideas and suggestions to this repository, please complete a simple form in your chosen language. The repository website is available at www.covidadaptations.org.

Research outputs

• Our team presented three posters at the October 2021 World Congress of Gynecology and Obstetrics (FIGO) from the MATCO study, including:
  • Postnatal care for women and newborns beyond the early phase of the COVID-19 pandemic by Aline Semaan
  • The Impact of COVID-19 on the provision of respectful maternity care by Anteneh Asefa
  • A Qualitative Case Study of the Experience of Belgian Midwives during the First Wave of the Pandemic by Elise Huysmans
We have completed the analysis of data within the in-depth qualitative study of the experiences of midwives during the first wave of the COVID-19 pandemic in Brussels and Wallonia (Belgium). To read this analysis, please see the pre-print ‘How COVID-19 challenged care for women and their newborns: a qualitative case study of the experience of Belgian midwives during the first wave of the pandemic’ (not yet peer-reviewed).

Lenka Benova organised a session at the October ITM Colloquium titled ‘Innovations in delivering healthcare during COVID-19: Case study of maternal and newborn health [recorded session]’. The session was composed of three dialogues among experts globally on the following themes:

- How do we provide safe, effective, good quality and compassionate care to pregnant and birthing women with suspected or confirmed COVID-19?
- How do we ensure that maternal and neonatal care continues to be available and accessed during COVID-19 to all women and newborns who need it?
- How have ongoing and planned research studies in maternal and newborn health been adapted to COVID-19 in the short- and long-term?

Ms Aline Semaan and Dr Lenka Benova presented the findings from the MATCO online survey of maternal and newborn health providers on the impact of COVID-19 on respectful care to women and newborns during the Global Respectful Maternity Care Council quarterly meeting on October 21, 2020.

Our team took part in the session on “Respectful care in the age of COVID-19: implications for mothers, newborns, and health workers” at the GLOW conference in September 2020. The session was organised by Professor Wendy Graham (London School of Hygiene and Tropical Medicine). Ms Aline Semaan presented the findings from the MATCO online survey on adaptation of care services reported in light of COVID-19 and the implication for respectful care to women and newborns. Dr Lenka Benova was a part of the panel discussing the implications of COVID-19 on continued provision of high quality maternal and newborn care. A recording of this session is available.


Audet C 2020: Giving birth amid a pandemic in Belgium: the challenges faced by mothers and midwives in BMJ Global Health blogs


Online survey Round 1 (March - June 2020) country reports:
- India (EN), Uganda (EN), Kenya (EN), Bangladesh (EN), Democratic Republic of Congo (EN / FR), Ethiopia (EN)
- Nigeria (EN), Tanzania (EN)

Online survey Round 2 (July - November 2020) country reports:
- Morocco (EN)
- Nigeria (EN)
- DRC (EN)

Tools:
- Round 1 survey questionnaire (EN)
- Round 2 survey questionnaire (EN)
- Round 3 survey questionnaire (EN)

MATCO study in the news

- La Libre (in French) Audet C and Huysmans E. Ce que c’est que d’être sage-femme durant la pandémie de coronavirus
- RTBF (in French): Accoucher et vivre l’arrivée du nouveau-né ne fut pas un long fleuve tranquille pendant la crise du coronavirus
- RTBF (in French): Coronavirus et maternité dans le monde : les grossesses et les soins néonataux sont beaucoup moins bien suivis

Funding

This study was funded by the Institute of Tropical Medicine's COVID-19 Pump Priming fund supported by the Flemish Government - Department of Economy, Science & Innovation - and by the Embassy of the United Kingdom in Belgium. Dr Benova is funded in part by the Research Foundation – Flanders (FWO) as part of her Senior Postdoctoral Fellowship.

Study team

- Dr Anteneh Asefa
- Dr Constance Audet
- Dr Lenka Benova
- Dr Therese Delvaux
- Elise Huysmans
- Aline Semaan

Contact

- Dr Lenka Benova

Stay updated with our publications and findings on Twitter @SRHgroup_ITM